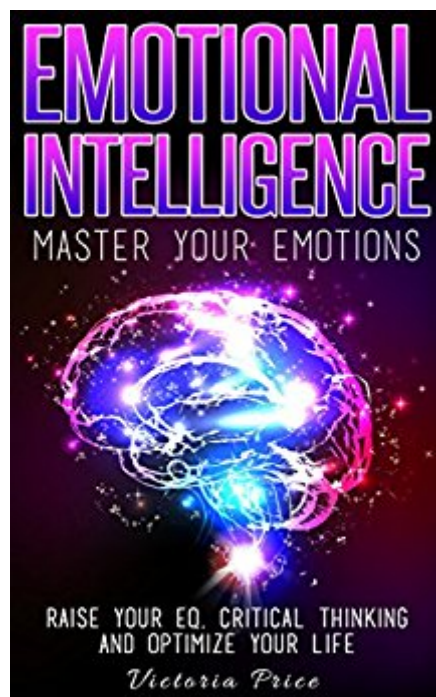


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# Emotional Intelligence: Master Your Emotions- Raise Your EQ, Critical Thinking And Optimize Your Life (Emotional Intelligence, Critical Thinking, EQ)



## Synopsis

Do You Want to Master Your Emotions? Read this book for FREE on Kindle Unlimited - Download Now! Do you want to master critical thinking? Do you want to learn how to be A better problem solver? Would you like to optimize your communication skills? When you download Emotional Intelligence: Master Your Emotions- Raise Your EQ, Critical thinking and Optimize Your Life, your EQ improve steadily each day! You will discover everything you need to know about mastering and controlling your emotions. Publisher's Note: This expanded 2nd edition of Emotional Intelligence has FRESH NEW CONTENT to make understanding emotional intelligence even easier than before! These life changing strategies will transform your thinking. You'll soon realize how improved and efficient your decision making will be when your emotional intelligence is optimized. Would you like to know more about: The Basics of Emotional Intelligence Emotional Intelligence in Your Social Life Emotional Intelligence At Your Work Place The Importance of EI or EQ Commanding Your Life This book dissects and gets to the root of emotional intelligence and delivers so even beginners can get amazing results! Download Emotional Intelligence: Master Your Emotions- Raise Your EQ, Critical Thinking and Optimize Your Life now, and start turning your dreams into reality. Hurry!! Take Action Today! Scroll to the top and select the "BUY" button for instant download.

## Book Information

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## Customer Reviews

My mother told me to get this book because it had a promotional discount and she wanted to read it. She told me the following: It was a very short, simple book, with not much information or just new approaches to the subject. She felt like most of the information she could've found on the internet by searching a bit and that's why she's telling me to give it three stars. It basically wasn't what she expected.

I caught my attention this book since it talks about how to raise our EQ, emotions, emotional intelligence and critical thoughts, have good content about these concepts and also offers us a series of exercises to understand or improve these aspects, with regard to the quality/price of this product seemed well its price since it has an excellent content. Comparison with other similar products met my expectations. I bought this product in a promotion.

This book discussed EI thoroughly and it helped me grasp on how to spot a person with low EI and a person with high EI during an interaction with other people. A good guide in improving your emotional intelligence for your better understanding and interaction with others for a harmonious relationship. 5 stars for this book and recommend it!

It has always seemed important to me to control your emotions when you are about to make any decision, otherwise, would not be a wise decision and you might regret. This book offers some tips to try to identify and manage your emotions for your personal gain, something not easy to do | but not impossible. I got this book through a discount in exchange for my personal opinion.

Emotional Intelligence is not about being able to hide your emotions. It is not about being able to ignore the emotions of others and put them to one side, thinking that they are not relevant to the task at hand. It's all about knowing how the emotions affect the way that a person reacts to a given stimulus. This book contains various methods that is suited for self-improvement and sufficient slowing down of the mind for us to be able to see life in a clearer way.

Even though the term and concept of emotional intelligence was something that started catching the public's attention in the mid-1990s for emotional intelligence in humans has always existed. This book had properly discussed what EI is all about and how it ever represents a certain person. Emotions are very vital in every person's personality.

This book will teach you and give you ideas about emotional intelligence. This book focuses on how we can distinguish the emotions of others rather than our self. We will be able to know the feelings of others and how to communicate them without any offense. We will be capable of dealing with people and with various situations because our emotional intelligence gives you more information than those with little emotional intelligence. Grab this book for you have ideas about emotional intelligence.

Very dry reading. I thought I was reading a wikipedia article. And no new material. If you have a reasonable amount of insight and common sense, you already know what's described in the book.

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